

Sports Department





Sharda Badminton Team

BADMINTON



BASKETBALL



VOLLEYBALL



TABLE TENNIS







DEPARTMENT OF SPORTS, SHARDA UNIVERSITY

SPORTS: A PASSION

Physical recreation through games and sports has been an important part of the university since its inception. Following sports facilities are being provided.

Outdoor Games

| Football |
|------------|
| Basketbal |
| Cricket |
| Volleyball |
| Athletics |

Indoor Games acethroughsport

Badminton Table-Tennis

Co-Curricular Activities

Gymnasium

Yoga

Football

The world's most watched game, football combines all the qualities of a sportsman like endurance, team spirit and accurate co-ordination.

Our very own Ronaldinho's and Ronaldo's slog it out daily in the extremely well maintained football field with flood light facilities. The students are provided with the gear by the university and an experienced coach provides the necessary guidance for students to improve their skills.

The team has participated in many prestigious tournaments conducted by Maulana Azad Medical College (Delhi), Amity University (Noida), IIT Delhi, NTPC (Dadri), Sunderdeep College (Ghaziabad), SECL (Amlai,M.P.), LNMIIT (Jaipur).

Inter-branch tournaments are also conducted in the University every year with great enthusiasm and sportsmanship. Last year, IT-EE was the winners with CS branch to be the runner ups.

Our annual sports fest, SHARDA CUP was held in 2010 in which colleges from Gr. Noida were invited.

Team Achievements:-

Winners of Desportivos-2011 at LNMIIT, Jaipur Commendable performance against state teams in SECL Gold Cup 2011, M.P Runner Up in Sunderdeep College, Ghaziabad Winners of Sharda Cup-2010

Mr. Yusuf Ahmed is the coach of the team. He has represented Delhi and is currently associated with City FC, prestigious club in Delhi.





NTPC DADRI



AMITY TOURNAMENT NOIDA



INTER BRANCH FOOTBALL



SUNDERDEEP TOURNAMENT, GHAZIABAD



LNMIIT, JAIPUR

Basketball

Fast and furious, the pace of this game brings out all the grit, determination and stamina that the players possess.

We have two basketball courts for boy's team and girl's team.

Boy's team participated at IIT, Delhi and IGI, Delhi. They also organized inter branch tournament in which MBA clinched the trophy from BBA in 2009 and IT won it in 2010.

<u> Their Achievements:-</u>

Runner Ups in Desportivos-2011 at LNMIIT, Jaipur Winners of Sharda Cup-2010 Winner's at IMI, Greater Noida.

Girl's team had their first tour in Desportivos-2011 at LNMIIT, Jaipur. They played well and gave their best and their tour experience was worth boosting up their confidence level.



IMT, GREATER NOIDA



GIRLS INTER BRANCH TOURNAMENT



WINNERS SHARDA CUP-2010



WINNERS SHARDA CUP-2010



LNMIIT, JAIPUR



IMI, GREATER NOIDA



RUNNER UP, LNMIIT, JAIPUR

<u>Cricket</u>

From galli to Oval, cricket has always been the most popular amongst all sports. It epitomises both physical fitness and strategy.

We have our lush green cricket ground with newly created clay pitch.

It was a bit dry season for the team as they didn't participated in many tournaments. They failed to win Sharda Cup-2010. But they return on a great note by winning the tournament at Priyadarshani College, Gr. Noida.

Inter branch creates a mini world cup atmosphere in Sharda University every season. MBA was the clear champion in the last tournament held beating EC of B.Tech.



SHARDA CRICKET TEAM



SHARDA CRICKET FIELD



WINNERS PRIYADARSHANI, GREATER NOIDA

<u>Volleyball</u>

A sport that stands for teamwork, volleyball is real entertainer. With coordination at its highest precision, the spikes and blocks show the strength and resilience of the players. Raw power and sheer endurancevolleyball is not for the weak.

We have four volleyball courts, two each for boy's team and girl's team.

Boy's team was the Sharda Cup winners in 2010. Also they were the winners at IMI College tournament. They participated in various

tournaments across NCR and had a successful year. They also organized the inter branch tournament in which EE continued their last season winning reign and overcome the talented EC branch.



SHARDA VOLLEYBALL BOYS TEAM-2010



SHARDA VOLLEYBALL GIRLS TEAM-2010

Athletics

A power packed sport which showcases the 3 S's, Stamina, Skill and Speed. Moreover as the total of any other sport, competitiveness is at an all-time high.

Athletics team went out to their first tour at Despotivos-2011, LNMIIT Jaipur and had a great success bagging 2 Gold and 2 Silver in long jump, shot put and javelin.



GIRLS 100m AT LNMIIT, JAIPUR

Badminton

It's all about deft wrists, swift feet and razor sharp reflexes.

We have two state of the art badminton courts at SET and SBS premises.

Badminton team had a great success in year 2010. Apart from Sharda Cup tournament they also had a great success in various other tournaments. They showed a great performance in tournaments at Amity University and IMI, Greater Noida and LNM IIT JAIPUR.



SHARDA BADMINTON TEAM AT LNM IIT JAIPUR



SAURABH PUNDIR PLAYING AT IIT DELHI



SHARDA BADMINTON TEAM WITH SHARDA CUP

Table-Tennis

As the tiny ping pong ball is flicked, smashed and set to spin by artful strokes, the atmosphere almost seems to crackle with the growing silence and the intense pressure. This is a game of sheer dexterity and incomprehensible finesse.

We have 8 tables for TT. Two each at boys hostel (senior & junior) and girls hostel (senior & junior).

TT team showed up a great performance in year 2010. Apart from Sharda Cup tournament they also had a great success in various other tournaments. They showed a great performance in IIT, Delhi and IMI, Greater Noida. They also organized the inter branch tournament in which EI won the tournament.



SHARDA UNIVERSITY AT IIT DELHI



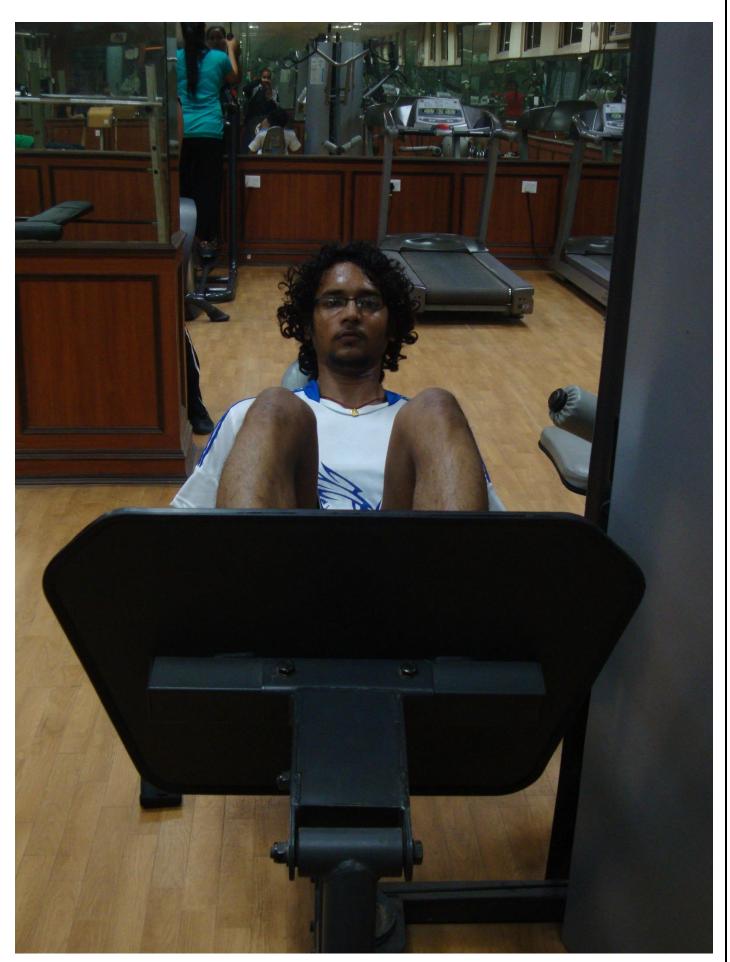
SHARDA UNIVERSITY AT LNM IIT JAIPUR

Gymnasium

The university has an air-conditioned gymnasiumwhich boasts of the state of the art machinery. There are two sections in the gymnasiums. One section is meant for general exercises while the other is meant for weight training. Instructors are present in the gymnasium to ensure that the students don't injure themselves while exercising. Separate timings for boys and girls are scheduled.



STUDENTS WORKING OUT IN THE GYM.

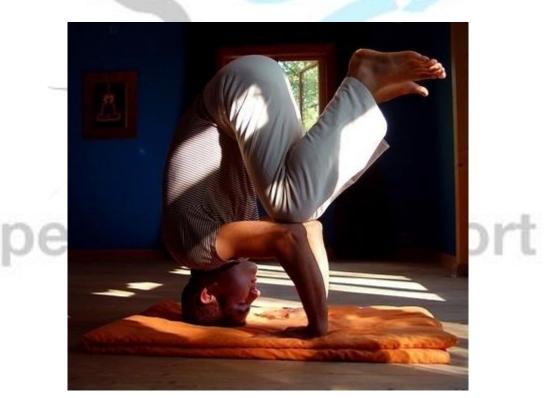


A GLIMPSE OF THE GYM. AT SHARDA UNIVERSITY

<u>Yoga</u>



Yoga refers to traditional discipline that originated in India. It contributes to an individual's psychological and physiological wellbeing. This is accomplished as Meditation brings the brainwave pattern into an alpha state, which is a level of consciousness that promotes the healing state. Meditation reduces blood pressure and relieves pain and stress.



A MEMBER OF SHARDA UNIVERSITY YOGA CLUB

